

BANKING ON YOUR WIFE

Take this short quiz to rate how stable your marriage is at the moment. Then, when you have pinpointed both your weak and strong points, take the necessary steps to strengthen your relationship. Good relationships don't just happen, they evolve and are sustained only when people know what they want and how to get it.

Answer Yes or No to each question, then check your score below:

- 1. Do you make your wife feel good about herself? (Yes __ No__)
- 2. Do you value the same things in your wife that you value in yourself? (Yes _____ No___)
- 3. Does your face spontaneously break into a smile when you see your wife? (Yes ____ No___)
- 4. When you leave the house, does your wife have a sense of wellbeing, having been nourished by your company? (Yes __ No__)
- 5. Can you and your wife tell each other honestly what you really want instead of using manipulation or games? (Yes __ No__)
- 6. Can your wife get angry at you without your thinking less of her? (Yes __ No__)
- Can you accept your wife as she is instead of making plans to change her? (Yes ____ No___)
- 8. Is your behavior consistent with your words? (Yes __ No__)
- 9. Do your actions show you really care for your wife? (Yes ___ No___)
- 10. Do you feel comfortable with your wife when she's wearing frumpy clothes? (Yes __ No__)
- 11. Do you enjoy introducing your wife to your friends or acquaintances? (Yes ______ No___)
- 12. Are you able to share with your wife moments of weakness, failure, and disappointment? (Yes __ No__)
- 13. Would your wife say you are a good listener? (Yes __ No__)
- 14. Do you trust your wife to solve her own problems? (Yes __ No__)
- 15. Do you admit to your wife when you have problems and need her comfort? (Yes ____ No___)

- 16. Do you believe you could live a full and happy life without your wife? (Yes _____ No___)
- 17. Do you encourage your wife to develop her full potential as a woman? (Yes _____ No___)
- 18. Are you able to learn from your wife and value what she says? (Yes __ No__)
- 19. If your wife were to die tomorrow, would you be very happy you had the chance to meet her and marry her? (Yes __ No__)
- 20. Does your wife feel she's more important than anyone or anything else in your life other than God? (Yes __ No__)
- 21. Do you believe you know at least five of your wife's major needs and how to meet those needs in a skillful way? (Yes __ No__)
- 22. Do you know what your wife needs when she's under stress or when she's discouraged? (Yes __ No__)
- 23. When you offend your wife, do you usually admit you were wrong and seek her forgiveness? (Yes __ No__)
- 24. Would your wife say you praise her at least once a day? (Yes __ No__)
- 25. Would your wife say you are open to her correction? (Yes __ No__)
- 26. Would your wife say you are a protector, that you know what her limitations are as a woman? (Yes __ No__)
- 27. Would your wife say you usually consider her feelings and ideas whenever making a decision that affects the family or her? (Yes __ No__)
- 28. Would your wife say you enjoy being with her and sharing many of life's experiences with her? (Yes __ No__)
- 29. Would your wife say you are a good example of what you would like her to be? (Yes __ No__)
- 30. Would you say you create interest in her when you share things you consider important? (Yes __ No__)

Total "Yes" answers:

Total "No" answers:

*If you answered "No" to 20 questions or more, then we suggest taking the necessary steps to strengthen your relationship as soon as possible. This can be in the form of Biblical counseling, trusted mentorship, or even doing a couple's Bible study together. Whatever you choose, consider retaking this questionnaire again in a few months to reevaluate your progress. Your role as a husband matters and we encourage you to do what it takes to make your marriage the best it can be!