



PAUL NEFF

paulslifelessons.com

Current Conditions Assessment

YOUR CURRENT LIFE CONDITIONS ASSESSMENT

The past is important to view, for perspective...but, it is behind you. Where you are, today, is even more important. What is your current status, on the broad-front of life's most important issues and relationships?

A key benchmark will come straight from your gut regarding these 10 critical life assignments. How you feel about your current standing in these matters will be symptomatic of your real conditions, and will probably motivate you toward the pursuit of positive life change on multiple fronts.

This is a 1-10 status statement; the numbers carry meaning:

- 1** You are falling behind your peer world, and you know it.
- 2-4** You aren't dead-last, but there aren't many behind you.
- 5** You are smack-dab in the middle of your peer-group bell curve

6-9 You are ahead of the majority...but there are some great peer leaders in front of you

10 You are running with the leaders, and are a motivation to those behind you.

The goal here is not humility; it is honesty. Plot yourself, as you view yourself against your peer community, on these vital dimensions of your life, today. Your status today represents progress from your recent past...and the point of beginning for your next achievements. This is not empirical; it calls for your personal, subjective, qualitative evaluations.

Realm - Commitment	Falling Behind			Holding Your Own			Setting the Pace			
Personal - Physical	1	2	3	4	5	6	7	8	9	10
Personal - Intellectual	1	2	3	4	5	6	7	8	9	10
Personal - Relational	1	2	3	4	5	6	7	8	9	10
Personal - Spiritual	1	2	3	4	5	6	7	8	9	10
Family - Marriage	1	2	3	4	5	6	7	8	9	10
Family - Parenting	1	2	3	4	5	6	7	8	9	10
Professional - Career	1	2	3	4	5	6	7	8	9	10
Professional - Finance	1	2	3	4	5	6	7	8	9	10
Kingdom - Church - Serving	1	2	3	4	5	6	7	8	9	10
Kingdom - The World - Serving	1	2	3	4	5	6	7	8	9	10
Kingdom - Stewardship	1	2	3	4	5	6	7	8	9	10

Circle the number that best reflects where you are today for each area below: This is a profile of your current experience.

Currently, which is your strongest category?

Currently, which category is most challenging?

Now that you've gained a current picture of where you're at in these main areas of life, I suggest you retain a copy and consider re-taking the assessment once or twice a year. This will point out to you where you are learning and growing and where you are not. A great place to store this assessment is in a "Paul's Life Lessons" file where you would store handouts, key blogs and other items you want to retain for future reference.